

Law Enforcement Bicycle Association

Never Give Up....Never Stop Trying!



2026 SPRING INSTRUCTOR COURSE

Grand Prairie Texas.
March 23rd to March 28th 2026

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Law Enforcement Bicycle Association

The Law Enforcement Bicycle Association (LEBA) is proud to announce a Law Enforcement Police Mountain Bike Instructor Course, which is a nationally recognized course. This six (6) 8+ Hour days course is scheduled for March 23rd to 28th 2026 in and around Grand Prairie Texas. This course will challenge you both physically and mentally. All candidates must have completed a basic class "A" or "B" certified course or *equivalent*. Topics for the course are as follows:

- **Exercise Physiology**
- **Bike Fit**
- **Basic Mechanics**
- **Police Technical Skills**
- **Firearms**
- **Slow Speed/High Speed Drills**
- **First Aid**
- **Mastering Stairs**
- **Instructor Development**
- **Effective Cycling**
- **Training Rides**
- **Nutrition**
- **Common Injuries**
- **Stretching**
- **Accident Prevention**
- **Emergency Braking**
- **Gears and Cadence**

This class will stress teamwork and overcoming obstacles with emphasis on teaching technique. Students will be assigned a lecture topic. They will be required to submit a lesson plan. Students will be required to give a 12-minute evaluated presentation on the topic provided. Although it is not a requirement, having attended a basic instructor development course would be very beneficial.

Training rides will be conducted daily, and you must be able to complete 25-35 Miles (30-50kms) maintaining a 14-18mph (20-30kph) pace.

LEBA maintains a high training standard for our instructors. All instructor candidates must complete all cone drill techniques to the satisfaction of the instructors and pass a written examination with a passing score of **80%** or higher.

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Prerequisites to attend this course:

1. Be a member of a City, County, or State/Provincial, Federal or Military Law Enforcement agency or other as approved by the board.
2. Have successfully completed a basic class "A" or "B" certified LEBA course or its equivalent.
3. Be in excellent physical condition with no medical conditions that would prevent you from participating in strenuous physical activity.
4. Have Department/Agency approval to attend.
5. Be covered by appropriate "on the job" industrial insurance.
6. Bring a CPSC, CSA, SNELL, ANSI or ASTM approved bicycle helmet.
7. Bring eye protection, cycling gloves and comfortable cycling clothing with proper shoes for cycling.
8. Clipless systems will only be allowed if your department uses clipless pedals for patrol.
9. Bring a bicycle that is mechanically sound and functions properly, (including lights for night riding (both white and red lights)).
10. Have a great attitude and the desire to work as a team member with officers from different jurisdictions.
11. One day of scenario training will be conducted using Live Fire Handguns. You will be required to bring your issued duty belt with holster. If traveling from within the U.S. bring your duty weapon and 100 rounds of Frangible Ammo. If traveling from outside the U.S. LEBA will make other arrangements (Please notify us prior to the start of the class). Please note this may change due to class requirements. Final ammo count will be provided in the joining instructions.

Students will receive:

- ❖ LEBA National Certification
- ❖ LEBA Instructor Training Manual
- ❖ LEBA Instructor T-shirt
- ❖ LEBA Instructional aides.

School Information:

Grand Prairie Police Department

310 W College St
Grand Prairie TX 75050

Hotel Information:

TBD

Local Bike Shop

TBD

Grand Prairie Texas March 23rd through 28th 2026

Law Enforcement Bicycle Association

Contact:

Jay Smith – Treasurer,
Cell: 407-832-3505
E-mail: [Jaylionelsmith@gmail.com](mailto:jaylionelsmith@gmail.com)

Shawn Lukens –President
Cell: 352-504-6908
E-Mail: scool191@gmail.com

Jordan Spoon class coordinator
Cell 336-414-2539
Email jspoon.leba@gmail.com

Course Registration Procedures:

Tuition is **\$975.00** USD

Tuition can be paid via our website at www.leba.org

NOTE: Payment must be received in advance of the course. LEBA does understand the issues that can delay this process. If this is a problem, you must contact Jay Smith (Treasurer) to make the appropriate arrangements. 407-832-3505

Students will not receive their certificate without payment unless approved in advance

Complete the registration and email/mail them to Jay Smith at jaylionelsmith@gmail.com

Once the registration and waiver have been received, a confirmation packet will be e-mailed to you. With the class size limited, it is recommended that you wait until you receive the confirmation package before you make arrangements for travel that is non-refundable.

Email, Fax, or Mail these forms to:

LEBA
Jay L. Smith, Treasurer
204 Willow Bend Dr. Clermont, FL. 34711
jaylionelsmith@gmail.com

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PLEASE NOTE: IF YOU ARE TRAVELLING BY AIR DO NOT BOOK YOUR FLIGHTS UNTIL YOU RECEIVE YOUR CONFIRMATION FROM LEBA.
ALL INFORMATION ON THIS FORM WILL BE KEPT CONFIDENTIAL

APPLICATION

Class you are applying for: _____

First Name: _____ M.I. _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Work Phone: _____ Cell Phone: _____

Work Email: _____

Personal Email: _____

Department: _____

How long have you been with your current department: _____

How long have you been in the first responder field? _____

Are you currently assigned to a Bicycle Unit? Yes No

If so, how long have you been assigned? _____

If you are not currently assigned, have you been part of a Unit in the past?

Yes No

If yes, how long were part of the Unit? _____

Are you currently a certified bicycle officer? Yes No

If yes, through what organization? Check all that apply

LEBA IPMBA Other _____

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*****If Possible, Please include a copy of your certification with the application.*** If you do not have a copy of your certification please let us know why.**

In reference to the above question, which level class or how many hours was your class?

Name of Instructor _____

Location of Class _____

If you have not been through a certification school, please list your experience as a bike officer and why you believe you should be part of this instructor school?

Have you attended a General Instructor School Yes No

If Yes. Date _____ **Location** _____

Did you receive a certificate? Yes No

Do you have any experience as an instructor Yes No

If yes please describe: _____

Do you ride bikes outside of Law Enforcement? Yes No

If so, please describe: _____

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What would you describe as your level of cycling ability? Check which one applies.

Beginner Intermediate Advanced Expert Professional

As part of the class, you will be provided 1 yellow t-shirt (To be worn throughout the week for the rides) and one red t-shirt. (Upon completion of the class.) Check the size you would like.

Small Medium Large XL XXL XXXL

Would you like to purchase additional shirts at \$15 per shirt?

Yellow X \$15 Quantity _____ Total \$_____

Red X \$15 Quantity _____ Total \$_____

*****Please note that any applications received within 30 days of the start of the class are not guaranteed shirt size or additional shirt*****

Students Signature

Date

All students must be considered on-duty with their respective departments and need their department's head signature.

Print Department Head's Name

Signature of Department Head

Law Enforcement Bicycle Association

Basic Student Waiver



Please accept this as my application for membership and/or request for training with the Law Enforcement Bicycle Association (L.E.B.A.). I acknowledge that cycling, mountain biking, as well as the police tactics including firearms training are inherently dangerous activities. I agree to participate at my own risk and that the Law Enforcement Bicycle Association is an association formed to advance the training of police, security, military and emergency medical personnel. The efforts of which directly benefit me. In consideration of the agreement of the Law

Enforcement Bicycle Association (L.E.B.A.) to accept me into its training program, hereby on behalf of heirs assigns, personal representatives, and myself. I release and forever discharge the Law Enforcement Bicycle Association, its employees, agents, members, sponsors, promoters, host departments and affiliates from all liability, claim, loss, cost or expense. And waive and promise not to sue on any such claims against any such person or organization, arising directly or indirectly from or attributable in any legal way to any negligence, action or omission. To act of any such person or organization in connection with sponsorship, organization or execution of any police, security, military or emergency medical service mountain bike training or sporting event. Including travel to and from such event, in which I may participate as a rider and/or student, member or spectator currently having no physical or mental condition that would impair my capability for full participation as intended or expected of me (except for): _____.

For valuable consideration, I hereby grant to the Law enforcement Bicycle Association, its assigns, licenses and legal representatives the irrevocable right to copyright, publish and use in any form or media, for advertising, trade, stock use, or other lawful purpose any likeness or photographs in which I am included. I *waive* the right to inspect or approve the finished product, including written copy. I hereby release and agree to hold harmless L.E.B.A., its assigns and those operating under its authority from any liability by virtue of the lawful use of these pictures. I warrant that I am of legal age, and that I have read and understand the contents of this release.

I also acknowledge that my participation or payment for participation does not guarantee that I will complete or graduate from the training I am about to receive and that I may not be entitled to a refund. I further understand that upon graduation of any "basic" or "advanced" training that I am not certified to teach the skills I have just been taught. Doing so while using any or all of the information or material used or supplied or explained by the agent or instructor(s) of the Law Enforcement Bicycle Association may violate copyright and trademark laws of the United States Code, USC. And, can result in at least the removal of myself from the organization, revocation of any certificates and loss of fees paid for such training.

Signature _____ Date _____

Print Full Name _____

Instructor Initials: _____
Date: _____